



St Paul's
COLLEGIATE SCHOOL

THE INFORMER

KEEPING THE ST PAUL'S PARENTS AND STUDENT COMMUNITY INFORMED

ISSUE 3 | JUNE 2016

DEAR PARENTS AND GUARDIANS

ARE YOU A HELICOPTER, LAWNMOWER, TRUCK AND TRAILER OR MICROLITE IN YOUR PARENTING APPROACH?

PARENTING TEENAGERS IS INCREDIBLY CHALLENGING. AT TIMES THEY AREN'T PARTICULARLY COMMUNICATIVE AND AT OTHERS, THEY SEEM TO BE CONTINUOUSLY PUSHING THE BOUNDARIES TO SEE IF YOU WILL BUCKLE UNDER THE PRESSURE.

In my 16 years as a Headmaster/Rector, I have come across many different parenting styles. Some of which I believe have been to the detriment of the sons and daughters that they have sought to assist and others which have been the right approach that a situation has required. In my mind, there are five broad categories:

(a) Missing in Action – parents who, sometimes maybe the result of a marital break-up, huge work commitments or just an inability to, or fear of, relating with teenagers, 'go AWOL' at key points in their children's lives. Potential outcome for youth of this parenting style is inappropriate social conduct outside of school; attention seeking behaviour; lack of sibling self-esteem.

(b) Helicopter Parent – Almost the complete opposite of the first category and are continually 'hovering' over the top of their children, constantly relaying messages on the direction they should take and quickly landing to rescue their son/daughter from any perceived threats. Potential outcomes for youth: learned helplessness; lack of independence and self-confidence; poor resilience and grit.

(c) Lawnmower Parent – More aggressive than category (b) – 'pretty pushy' in their approach. Prepared to push the mower or child as hard as they can through even the toughest lawn conditions to get what they perceive is the 'best outcome' for their son/daughter. Mowing down everything they can in their son or daughter's way. Potential outcomes for youth: as a child gets older, often gets negative "push back" – sparkplugs misfire and generates rebellion or the opposite to desired impact as child disengages from the activity or goal as they don't see that they own the issue; learned helplessness – call in the cavalry at the first sign of long grass, to provide the boost they might need to solve an issue.

(d) Truck and Trailer Parent – Attached at the hip. Need to do everything together. Very seldom detach the trailer. The truck drives the outfit. Parents can often appear too soft and not prepared to 'apply the brakes' at the right time. Following blindly the whims of the teenager. Appear to have a close relationship, but pay for it in the long run. Potential outcomes for youth: haven't experienced the boundaries or the restrictions that they often would appreciate in order to excuse themselves



from things they don't, in their heart, feel that comfortable with; view parent as a 'mate' and when told 'no', don't see why they should adhere to their instructions.

(e) Microlite Parent – circling overhead – sometimes behind and other times ahead of teenager. Not in constant contact, but have the ability to "call up" or even land if needed. But the ability to "rescue" son or daughter from a situation is not certain, depends on the location of a suitable 'landing strip', but will be available for triage at a timely point. Potential outcomes for youth: know that someone is present to help, but they basically need to do it on their own. They are being supervised, but they will need "to own" the outcomes of their decisions. There will be someone to provide advice "ahead" of time and a "shoulder" to support them after the event. The "light touch" encourages independence, resilience and decision making.



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As parents, we all know that situations may dictate at different points in time that we have to adopt any one of the above approaches – sometimes we have to be hands on and exercise control; other times absent to give them the space to get on with it; provide that pushing power to give them encouragement when they are ‘out of their comfort-zone’ and doing something for the first time; be a friend as well as a parent – enjoying quality time together fishing, cooking, hunting or encouraging them on the sports field. (Giving them first hand experiences – while we follow on behind.)

The key point is that we can’t and should not be one type of parent at all times. Otherwise, we aren’t really doing our true job of mentoring, guiding, providing boundaries and restrictions, making them accountable for their actions. Parents aren’t friends. Parents can be friendly, but to truly do our job, at times we will have to make tough decisions and stand our ground. Often we can err too far one way or the other. Remember that your teenager, above all, craves fairness, transparency, consistency and guidance. We are working in a very dynamic situation with constant change (i.e. IT, temptations, social pressures) all around our families. No one really gave us any lessons on parenting teenagers (and the handbook has not been written), but we need to be very aware of the potential outcomes of our decision-making as adults (or at times, lack of decision-making), on the current lives and future pathway of our teenagers.

Having one of those tricky conversations – Drugs and Alcohol

The following is an extract from the NZ Herald dated Saturday, 18 June 2016, from an article written by Dr Michelle Dickson, also known as Nanogirl, on the dangers of cannabis for teenagers:

“Cannabis is one of the most widely available illicit drugs in New Zealand – but what impact is it having on our wellbeing? Research from the 2015 New Zealand Health Survey shows that 11 percent of people aged over 15 have used cannabis in the past 12 months, with one third of this group using it at least weekly. The survey shows it is most widely used by people aged 15 to 24, with 23 percent of this group having used it in the past year –

but when it comes to regularity of use, the over-55s are the most prolific users. Although difficult to overdose, cannabis can be physically and psychologically addictive. It can affect road safety – one third of New Zealand cannabis users have admitted to driving under the influence of cannabis, and in the US state of Washington, the AAA reports fatal car accidents involving drivers who recently used marijuana has more than doubled since legalisation.

The debate around legalisation is a constant feature in our media, and research around the effects of long-term cannabis consumption in New Zealand is an important consideration. This week, data published in the journal JAMA Psychiatry added to a previous PNAS article to give us a better understanding of how cannabis may be affecting our nation.

The study looked at 1037 individuals born in Dunedin in 1972-73 and has followed them to age 38 through the famous Dunedin Multidisciplinary Health and Development Study. Controlling for tobacco use, childhood health and childhood socioeconomic status, they tested whether cannabis use from ages 18 to 38 was associated with mental or physical health at age 38, after assessing the frequency of cannabis use and their health at 18, 21, 26, 32, and 38.

This remarkable study relies on confidentiality, allowing participants to be honest about their use of illegal drugs without fear of reporting to the authorities. It is therefore probably the most accurate long-term cannabis study in the world.

When it came to physical health, the results were surprising, with marijuana consumption having no negative impact on a dozen health factors including lung function, systemic inflammation, BMI or metabolic health. The only significant adverse impact was on periodontal health with cannabis use being associated with tooth loss. This is very different to results from the tobacco smokers in the same cohort who showed worse lung function, systemic inflammation, and worse metabolic health at age 38. The theory is a heavy smoker can smoke over 20 cigarettes a day, but heavy cannabis users will still

only smoke 2-3 joints a day, meaning their overall smoke exposure is much lower. The news is not so good when it comes to mental health. The research showed that teens who started smoking marijuana before 18 and who were diagnosed as being addicted to cannabis by 38 experienced a significant drop in IQ in early adulthood. The IQ drop was not seen for users who began smoking after age 18, implying that cannabis consumption can have a permanent negative effect on teenagers’ developing brains.

Wherever the debate over the legalisation of cannabis takes you, scientists and policy makers will need to continue gathering evidence.

This study is just one of many showing the powerful information that the Dunedin Multidisciplinary Health and Development Study has in helping understand health and diseases.”

The following is the link to the episode on TVNZ’s On Demand website which I believe should be a compulsory viewing experience for you and your teenager to have together:

<https://www.tvnz.co.nz/ondemand/why-am-i/23-05-2016/series-2015-episode-3>

Many of your sons and daughters believe that the risks of marijuana are just the same as use of alcohol. The NZ Herald article and TVNZ documentary (about 17 minutes in length) certainly refute this. I would like you to sit down together and watch it with your Year 10, 11, 12 or 13 teenager. It may generate some interesting and valuable conversation in your household.

USEFUL TIPS IN PARENTING TEENAGERS

On Wednesday 7 September, John Cowan from ‘The Parenting Place’ is delivering a seminar on how to raise happy, confident and resilient children, hosted by the Central Baptist Church. The cost of tickets is a nominal \$10. I have personally attended a couple of these seminars and have found them of great value. Doors open at 6.30pm and John’s presentation is from 7.00pm to 8.30pm. Tickets can be purchased online from ‘theparentingplace.com’. It may help give you a few weapons/strategies for your arsenal – forewarned is forearmed.





CHRIS WYNN'S DEPARTURE AS TIHOI DIRECTOR

On Thursday 23 June, we had the opportunity of formally farewelling Chris Wynn as co-director of Tihoi Venture School, at the 2016/1 intake graduation; in front of the full School and Hamilton staff. In stepping down, Chris is in an unusual position, as he will continue to live and be associated with life at the Venture campus, but it would be less than appropriate if we didn't take this opportunity of thanking him and recognising his contribution over a 27 year period. Chris' association with Tihoi commenced in 1989 as a Year 10 St Paul's student. He returned after his graduation as a Year 13 student, to take up a position as an outdoor instructor; went away to do his degree and teacher training and then taught at the venture school; became the chief instructor and then for the past decade, the co-director, with his wife, Cyn Smith. Over that 27 year period, he effectively had 9.5 years away from the Venture campus, but it would be fair to say that the place "is in his blood" and has had a huge impact on his life.

Chris has played a huge part in the development of the parklike grounds (the gardens, pathways and lighting developments); has overseen the implementation of the high/low ropes and then more recently, the assault course; the relocation of Frank's House and the two new classrooms; he was integral to the purchase from the Armer family of

the adjoining extra land. Chris has shown an open-mind and a desire to innovate, shepherding through innovations in the Year 10 programme; the sea-kayaking, mountain-biking, canoeing outdoor rotations and has been very conscious of the importance of responding to perceived risk, rather than real risks in the outdoor programme. Chris has continually stressed the need for our students safety and mental/physical wellbeing to be of paramount concern.

As a team, Chris and Cyn have built up strong relationships with local Hapu and the wider Tihoi community.

A hugely dedicated, hardworking individual, it has been a real privilege to work alongside Chris Wynn. He has always been a passionate advocate for both the centre and the programme and through his own fourth form experience, has had a real feel and affinity for what the boys have gone through. With a twinkle in his eye and ready laugh, he has been a popular staff member and mentor for so many of our boys. Chris has asked to be formally farewelled in the future when Cyn steps down as Director, but it is important at this point in time, to thank him for all he has done, particularly for our sons, at one of their most vulnerable periods of their lives.

CULTURAL CORNERSTONE TO GET A HUGE BOOST – FUNDRAISING FOR STAGE TWO OF A CAPITAL DEVELOPMENT CAMPAIGN

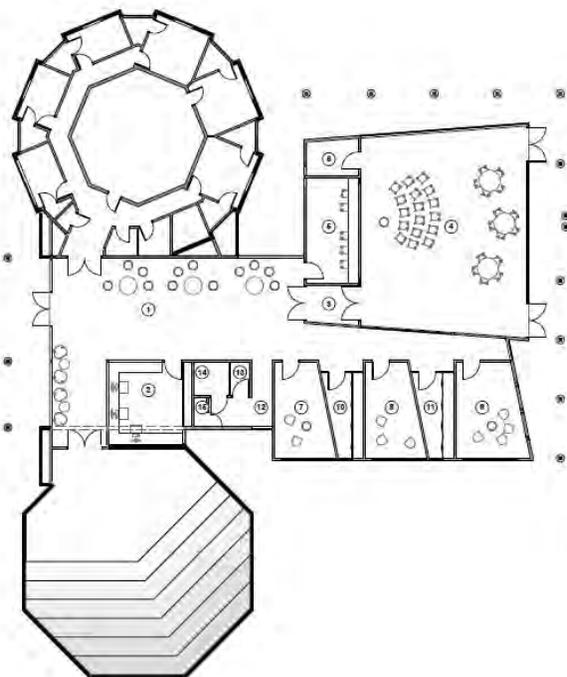
In Term 3 we are looking to launch the second phase of our major Development Campaign. Stage One of the Campaign enabled us to build the Gallagher Agribusiness Centre of Excellence; to double the floor space and earthquake strengthen the Williams Boarding House; and add three new classrooms to our Mathematics teaching area. We were able to raise an impressive \$1.31M from the generous support of our wider community.

Stage Two will see four major projects undertaken in the next three years:

(1) THE EXPANSION OF THE HORNSBY MUSIC CENTRE

This will include a new teaching classroom and band practise facility; recording studio; three small extra group/ensemble practise rooms; student instrument storage; music office and toilet facilities.

The following is a floor plan of the proposed new layout.



An elevation of what the front entrance will look like



An elevation of what it will look like from the main driveway/ Chapel of Christ the King



With the unique octagonal pods of the original complex, and the prominent location of the music complex (viewed from Hukanui Road, the main driveway and upon arrival in the school, from the Student Centre), the design of this building has posed significant challenges to ensure it is aesthetically pleasing and sympathetic with the architectural forms of the surrounding buildings.

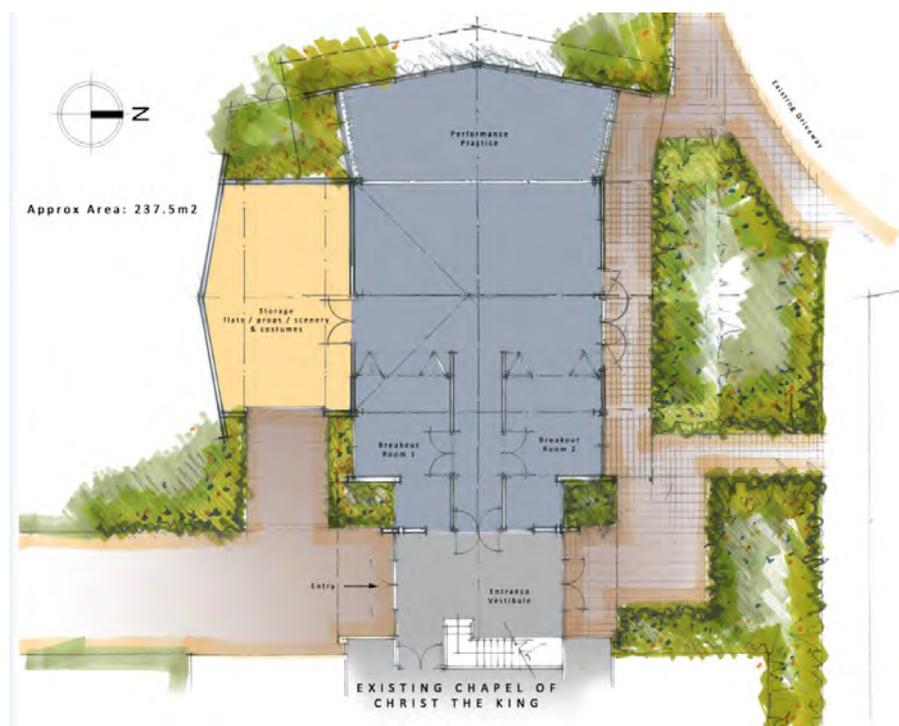
The estimated cost of this project is expected to be around \$1.5M. We hope to start construction close to the end of the year and hope to raise \$250,000 of this cost from financial support from our community. We will be offering naming rights for the new practise rooms and for the main foyer to members of the St Paul's family and to corporate enterprises.

(2) NEW SPEECH AND DRAMA COMPLEX

Our current drama room was built in the early 1960's as the school's assembly hall/chapel. Our intention is that this aging facility will be demolished in 2018/2019 and replaced with a grassed quad between the science and mathematics blocks. In the interim, in 2018, it will be used as our library during the construction of our new Learning Hub. The new drama complex will be attached to the western foyer of the Chapel of Christ the King and will be sympathetic in design to that magnificent building. See the profile as viewed from the main driveway:



The complex will include: a large drama room, which will have a sprung floor suitable for use by dance classes; two speech and drama tuition rooms; storage area for drama flats used in productions, costumes and props. Below is a sketch plan of the internal layout:



The estimated cost of this project is expected to be around \$800,000. Construction is expected to commence in July 2017, with a view to completing it by November. We hope to raise \$150,000 of this from the wider community. Again we will be offering naming rights for the tuition rooms and for the drama performance area.

ADDITIONAL FULL SCHOOL PREFECTS SELECTED

Six extra Year 13 students were selected at the start of Term 2 to join the 24 full school prefects who were commissioned in January:

Reuben Andrews	(Fitchett)	Aashima Kamsal	(Harington)
Connor Egan	(School)	James Krippner	(Hamilton)
Hugh Jackson	(Sargood)	Jack Oliver	(Williams)

JUNIOR LEADERS 2016

The following students have been chosen to be a Junior School Leader for the first half of the year:

Temple Beauchamp	(Clark)	Sam McNaughton	(Clark)
Thomas Griffin	(Fitchett)	Sam Harcourt	(Fitchett)
Aaron Taylor	(Hall)	Te Waiti Rawiri	(Hall)
Jacob Gibbs	(Hall)	Carlin Vollebregt	(Hamilton)
Adam Jefferis	(Sargood)	Harry Coxhead	(Sargood)
Max McLean-Bluck	(School)	Daniel Rickman	(School)
Jack Deane	(Williams)	George Hayward	(Williams)
Henry Mandeno	(Williams)	George Wilson	(Williams)

Their role and that of the second group to be chosen in Term 3, is to help with assemblies and chapel services, lunchtime queues at the Dining Room, detentions and around their respective houses when the seniors are away. They will act as a voice for the junior school when meeting with the prefects involved in the junior portfolio, particularly coordinating lunchtime activities for junior students and help as tour guides for the Headmaster when he is enrolling prospective students.



ST PAUL'S
FUNDRAISING GALA

COME ALONG AND ENJOY
FACE PAINTING, PONY RIDES,
TALENT QUEST, TOFFEE APPLES
AND SO MUCH MORE!



FRIDAY 9 SEPTEMBER
3.30 - 7PM

FREE ENTRY AND FREE PARKING



St Paul's
COLLEGIATE SCHOOL
77 HUKANUI ROAD, HAMILTON

EXCELLENCE



ACADEMIC EXCELLENCE



INNOVATIONS WINNERS REVOLUTIONISING AGRIBUSINESS

St Paul's Collegiate School's Agribusiness students have been awarded Young Innovator of the Year at Fieldays 2016. Hugh Jackson, Ben McColgan, Angus Kelly and Connor Gordon's product, the Crankholder, is a post hole borer holder that attaches to a trailer or motorbike to assist a single person with bore hole production by eliminating the twisting movement.

The four young innovators developed the product in their Agribusiness class. Crankworks, drew inspiration from Hugh's father - a farmer - who suggested coming up with a way for one man to safely operate a post hole borer.

The team sketched their ideas and then tested their prototypes on Hugh's farm and on the school field before deciding on the end design. The idea is that the frame attaches to the borer and a stable platform, such as a trailer or quad bike, eliminating potential danger such as twisting or snagging and throwing the operators.

It was pitched at the Crocodile Pit (the school's version of

the Dragon's Den) in front of a panel of seven agribusiness executives and assessed on its creativity, usefulness and marketability as a new agribusiness product. When the boys won this competition they were inspired to enter their invention at Fieldays.

Crankworks teamed up with Tauranga engineering firm 'Trench It' to come up with the working model for Fieldays. The boys said exhibiting at the Fieldays Innovation Tent was hard work - but worthwhile.

Connor says lots of people said the idea was simple but genius. There were also offers to help with development and manufacture. "We had heaps of feedback. We got roasted a bit, some feedback wasn't so good, but it was constructive and it will help us develop the product further," says Ben.

The award included \$1000 cash, which Crankworks plan to use to fine-tune their invention and go to market. The boys also won the 'People's Choice' Award, which saw them winning a tablet and mobile phone from Vodafone.

RUNNERS-UP IN GLOBAL CHALLENGE QUIZ

Four of our Year 9 boys, in our extension group, recently competed in the inaugural Lincoln University Global Challenge Quiz. In a very closely contested event, we were just pipped and came in second place on a wide range of challenging questions on sustainability and current issues facing our planet. A great effort for these young men: Hugo Shale, Ben Littlejohn, Trey Lincoln and Lachlan Lamont.



PARTICIPATION CULTURAL PARTICIPATION



HARINGTON FASHION SHOW

On Friday 13 May, Harington House held the annual wearable arts fundraiser for 2016. This year's theme was "The seven wonders of the world" - therefore each House was given one of the seven wonders, which they used as the basis for their designs.

The fundraiser was split into four different sections: an outfit, baking, a speech and a musical item. Each house worked hard over the month leading up to the night, in order to produce all four categories to a very high standard. The outfit had to reflect the 'wonder' that the House was given and had to be made from recycled items which could be found around a typical household. Along with these garments, a highly entertaining and informative speech was delivered, explaining the creation of both the garments and the delicious baking, and also reflected their given theme and House. The amazing musical items that each House performed, showcased the talent that the girls of Harington possess.

The final places for the night were:
1st in baking - Hall House

1st in speeches - Fitchett House (which was written and delivered by Serena Lim-Strutt)
1st in the musical item - School House.
1st in outfit - Fitchett House

Therefore the overall results were:

- 7th Clark House
- 6th Sargood House
- 5th Hamilton House
- 4th Williams House
- 3rd School House
- 2nd Hall House
- 1st Fitchett House

Huge credit goes to all of the girls of Harington for making the wearable arts fundraiser for 2016 such a success. This year the money that was raised from this event was donated to our chosen charity "Starship", which we believe will help to make a difference within the lives of children in need. We would like to thank everyone who attended the wearable arts fundraiser and helped support this amazing charity.

CHAPEL CHOIR PERFORM COMMENDABLY AT REGIONAL BIG SING

Term 2 has seen the choir expand considerably, especially with more girls joining. Currently the choir numbers 31 students – 15 girls and 16 boys. We are most grateful to Katie Trigg and Victoria Ware in particular, for helping to recruit more members.

The big occasions in the past term for the choir were to perform the national anthem at the opening ceremony for the national Fieldays at Mystery Creek and for this five senior girls and five senior boys were chosen to sing. The performance was in front of a number of dignitaries, including the Deputy Prime Minister, Honourable Bill English; Minister of Primary Industries, Honourable Nathan Guy and Science and Innovation Minister, Honourable Steven Joyce. The performance was very well received. A week later, it was the annual 'Big Sing' festival, over in Tauranga, at which the choir performed three pieces. Considering the number of new

singers that have recently joined the choir, they are to be commended for making such good progress, so quickly. The three pieces the choir performed were:

'If Ye Love Me' (Thomas Tallis)
'Hine e hine' (arranged by Diane Cooper)
'I sing because I'm happy' (an American spiritual)

The first two pieces are sung 'a capella' (without accompaniment) and they provide a stern test for any choir. Victoria Ware, Katie Trigg and Kenan Grant performed their solos admirably and the choir really came alive in the final song.

Next term the choir will sing at St Peter's Cathedral on Sunday 31 July at the morning service, and a few weeks later, they will perform at the 'Celebration of Music' concert in August.

CHAMBER MUSIC GROUP SUCCESS AT DISTRICT ROUND AWARDS

Two groups, The Three Amigos (David Su, Jack Walters, Pat Jirapanyayut) and Bravura (Aidan Phillips, Emi Ng and Matthew Jayasuria) competed in the district round of the Chamber Music Competition on Tuesday 7 June. The event was held at the University of Waikato, Gallagher Academy of Performing Arts. In addition, Emi Ng and Daniel Wheeler also joined other students from Hamilton Girls' High School, Waikato Diocesan and Hillcrest High School in two additional groups. There were 18 groups performing altogether from seven regional schools.

Bravura won an award for the best performance of a New

Zealand work, winning \$100. They also won the adjudicators award for a group worthy of special mention. The adjudicator awards only one group, not the overall winning group, this special accolade at his discretion.

The other groups performed very well, with Emi's other group, Trio Petrchor, receiving Highly Commended.

Our piano trio of boys had good comments from the adjudicator, who said, "the performance was a logistically interesting exercise, three on one piano, and was well executed and an excellent choice".

WAIKATO RAPID NZ CHESS FEDERATION NATIONAL TOURNAMENT

The Gallagher Agribusiness Centre was an excellent venue for the Waikato Rapid class one chess tournament, held on Saturday, 18th June.

Four students from St Paul's competed in the Under 1200 division. Mirjam Mayer played in her first tournament and was unlucky to only win two out of the six games played.

Ben Chungsvanich won half his games, which was a good effort.

Grace Li placed third equal, winning four of her games. This was the best result for a girl from St Paul's in the nineteen years Mr Judkins has had students play in national tournaments.

The winner of the Under 1200 division was Michail Andreef, who won all six of his games. This was a fantastic result.



SPORTING ENDEAVOURS



ST PAUL'S COLLEGIATE SCHOOL CRICKET TERM ONE WRAP UP

St Paul's has been successful in cricket in Term 1; with the 1st XI winning the men's Waikato Valley competition and the Year 9 team winning the Waikato Year 9 trophy – Puna Shield. The Colts team were the runner's up in their competition. The following boys were acknowledged at the end-of-season prize giving for either taking six wickets or scoring a hundred during Term 1:

Batting

1st XI	
Ben McColgan	107 v Pukekohe High School
Sean Dykes	103 v Kaipaki and 123 v Francis
Douglas	
Alastair Blackett	116 not out v Hinuera
Bede Higgins	100 not out v India Aroma Raiders
	7 for 22 v Whangarei Boys' High
Colts	
Ollie O'Meeghan	202 not out v St Peter's

Bowling

1st XI	
Tom Yarrall	6 for 24 v Tauranga Boys' College
2nd XI	
Jamie Carlson	6 for 18 v Cambridge High School
3rd XI	
Fergus Hunt	6 for 14 v HBHS 8th XI (including a hat trick)
Tom Watson	hat trick v HBHS 7th XI

ANZAC HOCKEY TOURNAMENT 27– 29 APRIL

The 1st XI team ANZAC squad (20 in total), consisted of two Year 9s, nine Year 11s, five Year 12s and four Year 13s. This year we have seven members returning from the 2015 team that went to Rankin Cup. Unfortunately, Reuben Andrews and Garrick Du Toit were unavailable for this tournament, held in the second week of the April holidays, due to their Under 21 Midlands commitments.

Once again, a number of high quality hockey schools from Rankin Cup and India Shield attended the pre-season tournament with many of them travelling the day before the tournament commenced. All thirteen teams will be attending Rankin Cup. Nine of the teams stayed onsite in the boarding houses. All schools had large squad numbers which provided lots of opportunity for coaches to watch their players perform against quality opposition. The weather conditions were good which enabled the players and the St Paul's team to show off their hockey skills.

Results:

- 2-1 win against Napier Boys' High School
- 2-0 loss against Christ's College
- 4-3 win against St Andrew's College
- 0-1 loss against Wellington College
- 5-0 win against Hastings Boys' High School
- 1-1 draw against St Kentigern College

The team management are optimistic from what the boys achieved during the three days of hockey. The tournament is a vital component in the build-up for the season and Rankin Cup as it helps give our boys a greater understanding of the difficulties of tournament play, level of hockey required to compete and the importance of self-management and high fitness levels.

We greatly appreciated the support of New World Rototuna and the Little India restaurant for their ongoing support of hockey. A big thank you to Messrs Craig Hardman, Gary Henley-Smith and Cody Price for their organisation and support of the tournament.



1ST XV RUGBY PRE-SEASON FIXTURE

In the holiday break, the 1st XV finished a very tough pre-season campaign with some challenging games against Palmerston North Boys', Sacred Heart and Hastings Boys' High School, as well as a four-day camp at Tihoi.

On the first Saturday of the holidays, the first game was played against traditional pre-season foes, Palmerston North Boys'. The team played superbly to blow Palmerston North off the park 29-0. The skill level of the boys was often sensational and to beat a traditionally strong rugby school by such a margin was very pleasing.

In the second week of the holidays, St Paul's faced Sacred Heart. With the Palmerston North game fresh in the players

mind, they entered the game full of confidence, but found things tough against a very strong Sacred Heart side. They forced St Paul's into uncharacteristic mistakes and dominated with their physical approach to the game, winning 31-5. It was more of the same against Hastings Boys' down at Tihoi, where the speed and skill of the Hastings side proved too much to handle and St Paul's went down 24-0.

The boys can be proud of their efforts during the pre-season. It proved excellent preparation for the challenges of the Chief's Cup and the season proper. The team acquitted themselves well against some of the best 1st XV rugby teams in the country.

ARGENTINA EXCHANGE A GREAT SUCCESS

In the first week of Term 2, we hosted 66 students from St George's School in Argentina.

The 2nd XV had their first match of the season in playing St George's. Down 5-12, the side came back strongly in the second half to take the game out 24-12, with tries to Drew Gordon, David O'Rourke, Liam Pepper and Harry Moss. With improved fitness and combinations, this side should do well in the 1st XV grade as the season progresses.

With no training or games over the holidays, the U16 development rugby team was ready for a tough game against St George's School. However, their nerves were soon settled, with St Paul's scoring three tries in the first half. St George's started the second half better, scoring quickly from a St Paul's error. However, Temple Beauchamp scored two brilliant individual long-range tries to seal the game for St Paul's in what was a comfortable win. Strong performances came from Lachie Finch, Luke Donaldson, James Webster and Temple Beauchamp.

The game between the St Paul's girls 1st XI hockey team and St George's began with both teams testing each other out and playing some good hockey. The first goal of the game came from some excellent passing by the St Paul's girls, finished off by Maddy Tims. Unfortunately, it was to be St Paul's only goal

and by half time, they were down 3-1. The second half saw St Paul's concede two more goals to finish up 5-1 down. St George's awarded Tyler Steer, man of the match for St Paul's, for her fair play and hard work on the field.

With a number of hockey players unavailable because of injury, the 2nd XI girls' hockey took the field against St George's with an enthusiastic, but reasonably inexperienced team – with no subs.

St George's took the upper hand from the start and were able to score twice inside of seven minutes. However, our girls adapted to the patterns of play and were far more structured in defence. Although we were unable to create too much pressure on attack, St George's were only able to score just before half time, leaving us 3-0 down at the break.

We were able to create more pressure in the second half. St George's were able to score about six minutes into the half, but we in turn were able to penetrate their circle on a number of occasions. Right towards the end of the game our lack of subs became apparent and where the minds were willing, the bodies weren't quite able to match and St George's scored two further goals in the last few minutes. A 6-0 loss, but a spirited effort from our girls!

JOSH BALME – NZ ROWING JUNIOR TRIAL

At the end of the Maadi Cup regatta, Josh Balme was invited to a New Zealand Junior Rowing trial at Lake Karapiro over the school holidays. The first part of the trial requires the rower to do an erg test on his own, in the centre of a squash court, with only the selectors watching. Fairly intimidating. Josh pulled an incredible 5:58.4 minute erg for his two km, which was only just 4/10ths of a second slower than his previous best erg score of 5:58.0. Not only is this a phenomenal time for an U18 boy at St Paul's, but very few top secondary school

rowing athletes in New Zealand can pull under six minutes. Josh then went on to seat race with the other triallists for the remaining four days of selection. While we are a bit baffled as to why Josh wasn't selected to make the NZ junior eight, we are nevertheless happy that he gave it his absolute best shot. Our congratulations to Josh on being selected to trial and on producing an erg score that will probably stand as a school and possibly a NZ record for many years to come.

2016 ROWING PRIZE GIVING

At the end-of-season prize giving held on 6th May, the following awards were made:

Silver medals for girls' U18 Novice Four – presented to:

Georgia Dobbe, Olivia Warlow, Grace Watson, Alice Emeny, Victoria Chanwai (cox)

Silver and Gold medals (won within an hour of each other!) – presented to:

Max Dobbe and Tom Seuren (Silver for Boys U15 2x and Gold for Boys U18 Novice 2x)

Presented at the rowing dinner on Friday, 6th May, the following rowers were awarded trophies as follows:

Les Varney Trophy <i>Most Improved Novice Rower</i>	Alice Emeny
Coxswains Cup <i>Best Coxswain</i>	Victoria Chanwai
Veterans Trophy <i>Best support from a rowing member</i>	Adam Jefferis / Max McLean-Bluck
Most Conscientious Member <i>Best support from a non-rowing member</i>	Chris Grace
St Paul's Shield <i>Most improved rower over all age groups</i>	Kate Littlejohn
Nick Winkelmann Award	Hamish Haycock
School Oar <i>Most successful crew of the year</i>	Boys U18 Novice 2x Max Dobbe / Tom Seuren
The "ERG" Trophy <i>Highest erg score in a season</i>	Joshua Balme 5 mins 58.0secs (School record)
Womens ERG Trophy <i>Highest erg score for women in a season</i>	Talia Namana 7 mins 15.5secs (School record)
1x Trophy <i>Best sculler in all grades</i>	Kate Littlejohn
Arkeel Cup <i>Best lightweight</i>	Sinead Kingston-White
Seath Cup <i>Best rower in all grades</i>	Joshua Balme
Presidents Cup <i>Outstanding leadership from the boys</i>	Joshua Balme
Steiner Trophy <i>Outstanding leadership from the girls</i>	Talia Namana

Rowing Caps presented to:

Joshua Balme, Hamish Haycock, Shaun Cox, Paris Kingston-White, Sinead Kingston-White



Photo credit: Waikato Times

NZ HONOURS FOR ST PAUL'S NETBALLERS

After extensive and highly competitive trials during March and April, Grace Watson (Year 11) was selected in the New Zealand Secondary Schools' Netball team and Kate Littlejohn (Year 12) in the New Zealand Maori Secondary Schools' Netball team to compete at the International School Girl Netball Challenge held at Trust Stadium Waitakere during the first week of Term 2. Teams in the tournament included New Zealand, NZ Maori, Australia, Indigenous Australia, South Africa, Fiji, Malaysia and two Pacifica teams.

After two days of intense netball, Australia, New Zealand and NZ Maori played off for the right to make the final. New Zealand beat NZ Maori by one goal in a huge battle for the Maori team, to dip out of finals contention. In the final

two matches of the tournament for New Zealand against Australia, Grace Watson did fantastically well to be backed by the New Zealand coach to play all of the minutes in both matches as New Zealand won the tournament. Kate's NZ Maori team comfortably beat Fiji in the 3rd and 4th playoff, to win the bronze medal, with Kate getting plenty of court time throughout the week.

We are extremely proud of both of these girls' achievements. Grace is only the second St Paul's student to be selected for the NZSS team and Kate only the third to qualify for the NZ Maori side.

WANGANUI COLLEGIATE EXCHANGE

We hosted our Wanganui brother-school in Hamilton on 1st June; taking out the overall exchange with three victories to Wanganui's one.

Girls 1st XI Hockey

The first half began with Wanganui dominating most of the play and enjoying a 2-0 advantage early on. However, St Paul's got themselves into the game with a fine goal to Emanae Ferguson from some good attacking play. Wanganui immediately replied to take a 3-1 lead, with Emanae and Sarah

Jackson combining to narrow the gap just before half time. A much stronger start to the second half saw St Paul's equalise through Madison Tims early on. The remainder of the half was an evenly matched affair, with St Paul's keeping Wanganui scoreless. Final result a 3-3 draw. Player of the day was Emanae for her tireless commitment throughout the game.

Boys 1st XI Hockey

The turf and weather conditions were excellent for hockey. The 1st XI team put together another good performance in

the opposition half. The team took control from the start by scoring three quick goals in the first six minutes. The 1st XI continuously attacked and pressed the opposition throughout the game, but also scored some outstanding team goals. The half time score was 9-0. In the second half, the 1st XI continued to show good team work in parts of the game and managed to score another five goals. It was an excellent all round effort. The final score was 14-0, winning the Tingey Cup. Goal scorers were Reuben Andrews 5, Ben Sarikaya 3, Arthur Rasmussen 3, Garrick du Toit 2, Robert Morbey 1,

Open A Netball

Our annual exchange with Wanganui turned out to be an essay victory for the Open A. Open A played a cohesive game and we proved to be the more adaptive team. Thanks to the supporters on the side-line who enjoyed our 40-18 win.

2nd XV Rugby

The 2nd XV had a comfortable 17-0 victory over Wanganui Collegiate with tries to Tavake Tohi, Riley Hunter and Jack Alexander. The forwards really clicked and combined well, hitting the breakdown in numbers and doing well in the lineouts and scrums. Sajin Singh had a strong return after an injury break. He was ably supported by Drew Gordon, David O'Rourke and Angus Kelly – who all had strong games. In the backs, Conner Peterson made some superb darting runs; Rudi Grace some fine mid-field breaks. An excellent, courageous effort from the whole team.

1st XI Boys Football

The 1st XI produced an inconsistent performance against Wanganui Collegiate. Clearly playing against less able opposition, the boys quickly got off to a good start with George Ott finishing off a nice move. However, the team was wasteful in front of goal which gave Wanganui a chance to get into the game. In the second half, a penalty gave Wanganui the equaliser they needed, and more missed opportunities that should have been finished, meant the game ended in a disappointing 1-1 draw.

Girls 1st XI Football

The girls put in a fine performance against the visitors from Wanganui. Emi Ng gave St Paul's a one nil lead at half time and Kacey Diggelmann was unlucky with a quality shot that hit the post after fine build up play down the right flank. As expected, the visitors came out strong in the second half and it took a penalty for the equaliser to come. The game ebbed and flowed as both sides sought further goals. The visitors found the net twice and unfortunately for St Paul's their shots either hit the post, again, or were saved by the keeper. Overall, it was a much improved performance from the team. Final score was St Paul's 1 – Wanganui 3.

Player of the day: jointly awarded to Katherine Naylor and Deanna Rhind for sterling work in central defence.

LINDISFARNE COLLEGE EXCHANGE

On the same day our junior boys played Lindisfarne College down in Hastings in an exchange won by the home side 2-0.

U15 Hockey

Both sides started the game with little impact. St Paul's settled into playing better hockey 10 minutes in and started to apply more pressure in the circle, resulting in Louis Brown scoring in the first half. We started the second half as we finished the first, with Oliver Rasmussen scoring early, 2-nil up. With 10 minutes to go in the game, Lindisfarne started to increase their intensity and scored two late goals ending the game with a 2 all draw. A good tough game with plenty of things to learn before Tanner Cup Tournament.

St Paul's Football Colts

The St Paul's team relished the experience of travel and being billeted. St Paul's contested, but were found to be flat at the start of the game and conceded later in the first half. The second half saw a different team turn up. Though Lindisfarne used their chances, the young St Paul's team battled the whole way. St Paul's lost 5-0, but all were keen to take them on again. Man of the match was Joshua O'Donoghue who made an error in the first half, but used it to spur him and lift the team in the second half of the game.

U55 Gold Rugby

On Wednesday, 1st June we faced a very tough opposition that was quite a bit bigger than us. Lindisfarne put us under pressure from the start and we had to defend for long periods of time. Blue Wynn scored a brilliant breakaway try after running 40m and beating several defenders. Declan O'Sullivan was unlucky to hit the upright with his conversion attempt in windy conditions. Lindisfarne kicked two penalties to lead 6-5. After half time, we played well, using the wind to our advantage. Likun scored out wide after the team put several phases together. Again Declan nearly converted the kick from out wide. Lindisfarne scored another try to take the win 11-10. The boys showed real character and resilience in defense. The coaches are all very proud of them. We wanted a tough game and that is exactly what we got.

HILLSDENE FOOTBALL TOURNAMENT

On 12 June a young St Paul's Colts A Soccer team travelled to the Tauranga based Hillsdene Tournament. With only two players who've experienced this tournament, it was a valuable time for the team who have a lot of potential in the future. We were lucky to have the assistance of current 1st XI players David Hancock and George Ott.

Our first game was against Palmerston North Boys' High. We had just arrived and it seemed the occasion got the better of us. We lost composure and that resulted in a loss, 5-2. This was a good game, despite the score. The boys learned very quickly, the high standard the game is being played at.

After a significant rest and a stroll on the beach, the boys were better prepared for the game in the afternoon against Bethlehem College. It was a tight knit affair, but we had the slight upper edge, narrowly missing the goal several times. George Ott terrorised their defence and was rewarded with a goal. St Paul's won 1-0.

This was a good start to the tournament, with the team tasting victory and loss on the same day, but also being aware that playing more than one match a day is tiring. We were especially grateful for the family support. There was always people supporting us while we were playing, as well as setting us up nicely at our accommodation. Honestly, this tournament couldn't have happened as excellently as it did without their support.

The next morning, Mr Groom arrived. The boys were enthused with the sharpness of how to pass and move with and without the ball. This was timely, as the teams we were to play were a step up.

Napier Boys' High were a strong team, but we played exciting football. Unfortunately, we fell on the other side of the score, which we could have taken on another day. Jack Sturm was influential, pulling the team together on the field and in the goalie box. We lost 1-0.

Determined, but tired, we played Tauranga Boys' B. Fatigue was starting to show by this fourth game, but St Paul's were brave. Though they were bigger and faster than us, we were holding and we put one away. Eventually they drew and unfortunately we gave away a penalty which they capitalised on. The whole game, St Paul's boys put everything on the line and should be proud of their efforts. Shivam Achary, who played centre midfield would have run over 25km by the end of the first two days.

With two days down and three games to go on the last day, again the boys retired easily, keen once more to rip up the soccer fields the next day.

At the start of the day, we were up against Hamilton Boys' High. With the last game of the round robin and play-offs next, both teams were all but confirmed in their play-off categories. We played a tactical game, resting several of our key players. With resilient defence, Joshua O'Donoghue who has graced the pitch in almost every position, held strong as a centre back. We ended up losing 2-0, but considered it a good warm up for the last two games of the tournament. We qualified in the playoffs for 9-12.

Our first opposition from the other pool was Western Heights. St Paul's didn't give them enough credit, and from the back of a win, Western Heights were looking more dominant than the Hamilton Boys' High team we had just played. We were down 2-1 in the first half. In the second half the team was invigorated. They played positive football, the type that they've played before, free of the constraints of the score-line. We ended up winning 5-2. A sound victory, but the boys knew it didn't feel nearly as victorious as playing like they did the day before, even though they lost.

We were playing off for 9-10th. The top two positions for our category and we were up against old foes Bethlehem College. They were on a high, just beating Tauranga Boys' B (who we lost to) and another team. George Ott scored in the first twenty seconds. St Paul's must have felt like that's all they needed to do, but we were soundly wrong as Bethlehem fought back. Before St Paul's knew it, they were down 4-1. Once more, the boys rallied, knowing that they needed to support every team mate and freely play football. This, after all, was their final and the memory they will take away. A different team returned. We were down three goals. With a newly changed formation, the team clicked and David Hancock was unleashed with devastating fury, scoring a hat-trick and Carlin Vollebregt winning a goal off a corner kick. The Year 10's showed their experience and set the benchmark for determination. Five unanswered goals came from that half. We won 6-5.

An unforgettable game and an unforgettable tournament. The boys were great and the support was invaluable. Thank you to Messrs Groom and De Beer for giving us this opportunity and to all of the family members who supported the boys, we are very grateful to you also.

WSS SQUASH TEAMS EVENT RESULT

On Wednesday 22 June, St Paul's had two girls' teams playing at the Waikato Secondary School Squash Champs. All the girls played really well with the top team of Greer Baldwin, Mckinley Vollebregt and Georgia Guest finishing third in Division 2. The second team of Emily Dela Rue, Tyler Steer and Jessica Tod, who were all competing for the first time, also competed in Division 2, but unfortunately lost all three matches 2/1, but gained great experience leading up to nationals.

Thursday, 23rd June, was the boys' turn. St Paul's had 17 teams and contested four of the five divisions. St Paul's Number 9 team of Marcus Ratcliffe, Luke Henderson and Baillie Monk dominated Division 5, winning all three matches comfortably. Division 4 was dominated by St Paul's teams with St Paul's Number 8 team of Zac Campbell, Nick Beal and Heath Campbell managing to come out on top.

Things were a little harder for St Paul's in Division 3, but Pat Jirapanyayut, Harry Forte and Luke Halliwell played outstandingly right through and dominated the final winning 3/0 to win Division 3.

St Paul's had three teams competing in the top division. In a very exciting final, our top team of Lwamba Chileshe, Temwa Chileshe and Hugh Jackson completed St Paul's dominance, winning the final and defending their title against Hamilton Boys' High School by two matches to one. St Paul's were crowned Waikato Secondary School Squash Champions for the second year in a row.



ST PAUL'S MAKES FINAL OF THE CHIEFS CUP COMPETITION

The 1st XV rugby team had a tough encounter against an unsurprisingly strong Hamilton Boys' High School side, when they met for the final of the Chiefs Cup competition on Saturday 28 May. Hamilton Boys' dominated possession and territory and St Paul's rarely were able to produce any meaningful attacks. Despite the overwhelming possession that they enjoyed, they were only able to cross our line once, mid-

way through the second half. The boys' defending superbly and there was no shortage of guts and determination. In the second half, the wind picked up, favouring Boys' High and the bounce of the ball went their way. They were however, deserved winners 19-6, with Fergus Burke kicking two excellent penalties. The boys can take a lot of heart from the way they defended and were a credit to the school.

1ST XV RUGBY FEATURE ON SKY

The 1st XV faced the weight of expectation on Saturday, 11 June, in their televised match against Wesley College. After beating Wesley resoundingly in the earlier Chiefs Cup fixture and with a large turnout of Old Collegians present at the game, the 1st XV was under pressure to perform. If the boys were feeling the pressure it didn't show though, and the team tore into their work. Five first half tries, three to winger Tom

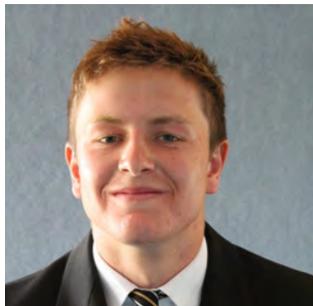
Yarrall, meant that the game was over as a contest at half time. Despite this, Wesley hit back hard after half time and the second half was a very physical and even 35 minutes. Wesley threw everything at our line, but the boys held firm and in the last play of the game, Sam Cooper crossed the line to seal a resounding 38-0 win.

1ST XV RUGBY PLAYERS AWARDED CAPS



Josh Balme

Josh is a senior leader in the 1st XV this year. He is an extremely tough and uncompromising player and this has led to him being a formidable foe for most opposition players. He is superb with ball in hand and is very aggressive at the cleanout and on defence. Josh never misses a training and is a perfect role model for any 1st XV forward. Josh's hard work should pay off and see him selected for the Chiefs U18 camp. Combine this with his rowing success and it would be fair to say that Josh is one of the school's premier athletes.



Fergus Burke

Fergus has been the permanent number 10 for the 1st XV rugby squad over the last two seasons. Fergus comes from the rugby breeding ground of Poverty Bay and he is extremely proud of this heritage. He made his debut last year, playing almost every game. He never seems too flustered and calmly goes about his job, directing the team around the field. Fergus is known for his strong passing, elusive running and acceleration, which has seen him score a number of excellent tries. With experience from last year's campaign behind him and confidence from a strong cricket season, Fergus is a key leader in the 2016 team and his experience will be vital come finals time.



George Dyer

George has had an impressive season this year and has grown as a player and a leader. His skills as a rugby player are now rivalling his prowess as one of New Zealand's best young dairy farmers. Some of the attributes that characterise his game are powerful scrummaging, excellent ball distribution skills, speed, and increasing game sense. This helps him be an exceptional carrier of the ball. He is also a very accurate and devastating tackler. George is a seventy minute player whose passion and dedication optimize the quintessential team man that he is. George's hard work should pay off and see him selected for the Chiefs U18 camp.



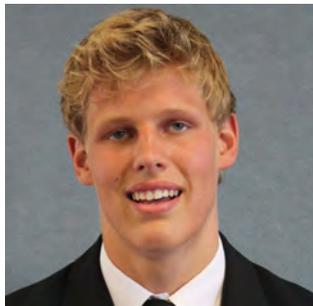
Della Neli

Della joined the St Paul's 1st XV in 2015 and demonstrated early on as a Year 12 that he has a bright future. It is his natural ability to use space and read play that makes him a key player for the 2016 season. Courageous on defence and a willing runner, Della is always looking for attacking opportunities. He had an excellent pre-season and is having another strong season. He is currently one of the top try scoring backs.



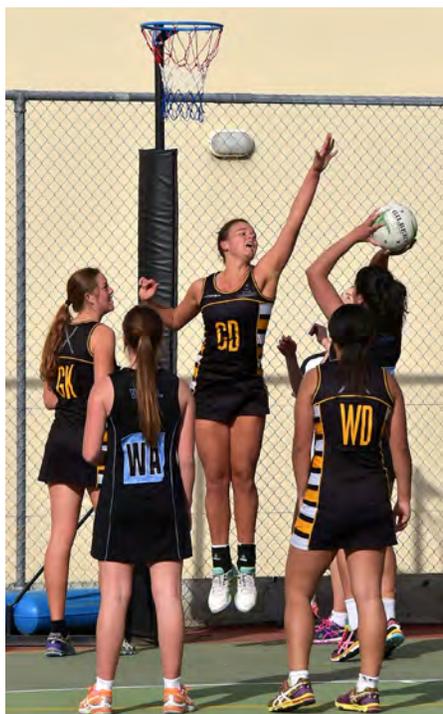
Jock Yarnley

Jock was the understudy to Connor Gordon last year, but has been forced to prove his worth this season with Connors untimely injury. Over the first part of the season Jock has proved to be a man committed to the cause. He is a no nonsense player, is very physical with ball in hand and a very accurate tackler. Like a good 7 should be, he is strong over the ball and usually wins a number of turnovers in each game. Jock has earned the respect of his peers and coaches and we look forward to him continuing to improve each game and be a real force in the CNI this year.



Romke Hoogstra

Romke Hoogstra is one of the senior players in the 1st XV this year. He is tough, but also has a good rugby brain and is a formidable foe for most oppositions. Romke is excellent with ball in hand and strong on defence. He is one of the best trainers in the 1st XV and takes great pride in making sure he is well prepared for any match. Romke is a consummate team man and always puts the team's needs ahead of his own. He has very effectively made the switch from lock to blindside flanker this year.



OPEN A NETBALLERS TAKE OUT PREMIER WAIKATO SECONDARY SCHOOLS' COMPETITION

On Monday 13 June, our Open A team prepared for their first appearance ever in the finals of the A Grade, Monday Night League Secondary School Competition.

The team had prepared well from the beginning of the season, which involved winning the Trans-Tasman Quad tournament in April and qualifying for the Club Premier Grade on Saturdays, where the team is currently ranked 2nd in the Premier 1 Open Grade competition.

The road to the finals involved solid wins against Otorohanga, Morrinsville, Tai Wananga, Cambridge High School and a draw against Sacred Heart Girls College. Finishing top of our pool, we qualified for semifinals against Hamilton Girls' High, where we took the win by two goals, in a hard fought battle.

Captained by Teri Wathen-Smith, the performance of the team as a unit, and individual players in the final against Morrinsville College, (who had beaten Waikato Dio in the other semi-final) was outstanding.

An experienced shooting line-up started the game with Talia Namana at Goal Shoot and Grace Watson at Goal Attack. Shooting at 78%, we won the first quarter 11-9. Morrinsville gained some momentum in the second quarter which saw them leading at half time 21-20. Team changes were made, bringing Georgia Dobbe into Goal Keep, (pairing with Kate Littlejohn who moved from Goal Keep to Goal Defence), and

Anahia Noble moving into the Goal Attack position with Grace moving back into the shooting circle at Goal Shoot.

Our midcourt combination was solid with Ariana Halley at Wing Defense, Teri at Centre and Sophie Carr-Paterson at Wing Attack. They picked up critical intercepts and tips, and fed the shooting circle superbly, resulting in us drawing the third quarter 11 all, however still down by one heading into the last spell.

It was a nail-biter final quarter, with the team starting solidly resulting in a five goal shooting spree and taking the lead, which we held on to till the final whistle, taking the win 44-42 with Anahia Noble shooting at 90%, Talia at 87% and Grace at 85%.

All players contributed to not only the win on the night, but the journey in getting the team to where they are.

The atmosphere was electric, with the SPC Bumble-Bee making an appearance and the horn trumpeting above the vocal sideline support. The school support on the night was commendable, showing manners and appreciation for both team's abilities.

A massive thank you to the school (staff and students) and parents for your undying support.

DEVELOPMENT NETBALL TEAM WINS GRADE



The St Paul's Development Netball team entered the secondary schools' division of the Monday night league for the second year. As the league includes the wider Waikato region, it was an opportunity to come up against different teams. In this regard, we were fortunate to play a number of senior teams from the rural community.

After participating in the Trans-Tasman Tournament in April, the team was able to build on the strengths developed there. The majority of games were played with determination and a number of successful combinations were explored. Despite being hindered by the injury of three mid-court players, the team successfully survived the round robin, thanks to a number of girls having to be brought in as reserves. This did not affect team spirit and at all times, the girls worked together cohesively.

The semi-final game against Morrinsville proved to be the toughest match, going to extra time. We were fortunate that the shooters remained calm under pressure, pushing the team through to the playoff for first position.

The final game resulted in St Paul's winning by a huge margin (65 – 17), an outstanding performance, taking out Division C of the Secondary Schools' Monday Night League competition. Thanks must go to the regular supporters and our dedicated coach, Melissa Bird.



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NARROWEST OF LOSSES IN WAIKATO SECONDARY SCHOOLS' HOCKEY FINAL

On Wednesday 22 July, the 1st XI hockey team played against Hamilton Boys' High School in the final of the Waikato Secondary Schools' competition and for the Matt Allen Trophy. The big occasion had excellent school support, which created a fantastic atmosphere at the turf. The boarding houses from both schools and also a number of Old Collegians, parents and staff attended the game.

In the first half, St Paul's played with commitment and skill and were unlucky not to be awarded with more penalty corners. Unfortunately, Hamilton Boys' High School (HBHS) were given an opportunity due to a defensive lapse and HBHS collected an easy goal. The half time score 0-1 to HBHS.

In the second half, the 1st XI played with more intensity and continued to dominate possession, but failed to take up the

opportunities in the opposition circle. However, with six minutes to go, St Paul's scored a penalty corner from Reuben Andrews. HBHS hung on in the last few minutes to draw the game 1-1.

St Paul's retained the Matt Allen Trophy due to the draw.

The Waikato Championship was then decided by a penalty shoot-out. Unfortunately, HBHS won it in the knock out situation after the first round. Lane Tims did a superb job in goal.

A disappointing result for the St Paul's boys who played the better hockey.

OTHER SPORTING HIGHLIGHTS

- Jack Deane competed in the highly regarded Te Awamutu Cycling Tour over the weekend of 9th/10th April in the Under 17 grade with 54 other riders. It was a tough weekend for Jack, who recently turned 14 and was up against 16 year olds with a lot more experience. He finished 36th after completing three stages of an 11km individual time trial, 54km and 86km road races and learnt a lot about how to endure in longer stages. Past winners of this race have gone on to represent New Zealand in cycling and triathlon and as Jack will be in the same age group next year, his coach expects he will be able to place far higher next year.

- On Sunday 15 May, Brad Edwards had a mechanical issue while competing in a cycling event in Cambridge, but pushed on through to complete his race. While Thomas McAdams rode intelligently and took a deserved second place. On Wednesday 18 May, Brad (10th) and Thomas were joined by fellow St Paul's students, Lachlan Coleman (8th) and Jack Deane (11th). Thomas made the most of gaps at the start of the Waikato Bay of Plenty School Champs Under 14 race, to move to a good position and ultimately gained a first placing.

- Lwamba and Temwa Chileshe have both been selected for the Waikato Senior Mens Squash team who will be playing against Central early in June.

- The Clay Target Shooting team recently competed in the third inter-school event held in Taupo with the best scores of the day being: George Amos and Dylan Woodhouse scoring 19/20 in the Single Rise; Jonathan Porritt 58/60 for Points and James Kenna 9/10 in Single Barrel.

- Reuben Andrews (Year 13), Ryan Ballantyne (Year 13) and

Grace Watson (Year 11) were selected recently for the Pathway to Podium programme. The programme identifies emerging athletes from a range of sports, with a goal of ensuring they are better prepared to enter the demanding high performance sport system. The programme will complement the existing athlete development support they will receive from their NSO, while providing access to a range of facilities, workshops and programmes. Athletes from different sports will come together to attend educational workshops, receive advice and instruction in various athlete performance support disciplines, and provide a cross sport learning and training environment.

- A record seven St Paul's rugby players have been selected to attend the Chiefs Under 18 Camp to be held from 11th – 15th July, followed by a game against the Blues on Sunday, 17th July. They are George Dyer (Prop), Sam Cooper (Hooker), Sam Porritt and Josh Balme (both Locks), Connor Collins (Halfback), Fergus Burke (First Five) and Tom Yarrall (Wing).

- Emanae Ferguson and Madison Tims have been named in the Waikato U18 girls hockey tournament team.

- Reuben Andrews and Garrick du Toit are currently involved in the Midlands U21 team. They played Auckland beating them on shootout and then defeating Central 2-0. Garrick scored a field goal in the second game.



ANZAC DAY SPEECH 2016 *by Mr Matthew Markham*

On the 25th April 1916 the first ANZAC dawn service was held on the beaches of Gallipoli. In New Zealand and Australia services were also held to mark the day the ANZACS landed for what would prove to be a disastrous campaign. Over 2,000 New Zealanders and 7,000 Australians would lose their lives and thousands more were left physically or mentally wounded.

In September 1914 war broke out in Europe, on what was later to become the Western Front, in France and Belgium. By March 1915 the war had already dragged on for seven months with both sides firmly in their trenches. The death toll was mounting and the world was beginning to realise that this would be a long and costly war like no other in history. The British were keen to break the deadlock and Winston Churchill came up with a plan to attack one of Germany's key allies - the Ottoman Empire.

The Ottoman Empire was known as the sick man of Europe. In the 17th century it was one of the biggest empires the world had ever seen, but in 1915 it was in terminal decline. The heartland of the Ottoman Empire was present day Turkey. The British thought that Turkey was a soft target. Most of its troops were poorly trained and ill equipped. The country itself was also difficult to defend with a long and sparsely populated coastline. The British hoped that by defeating Turkey they would open up the Dardanelles to gain access to the prized Middle East oil fields (which were under Ottoman control). It was also hoped that they would be able to help the Russians by opening up another front to fight the Germans. The Turks however, would prove to be no pushovers, they were fighting for the very survival of their country. Their leader Mustafa Kemal or Ataturk, famously said to his troops prior to the conflict "I don't expect you to live, I expect you to die". The plan went wrong right from the start, with a failed naval campaign. Churchill then ordered 'boots on the ground'. The land invasion also went badly. The ships landed at the wrong place and were met with a hail of bullets from the Turkish defenders in the hills above ANZAC cove. The ANZACS never fully recovered from this and over the course of the next eight months were never able to advance more than a few kilometres inland.

Life in the Gallipoli trenches was hard. Water was in short supply, food was often limited to biscuits and dried meat and the smell of death could never be escaped. Private William Dexter wrote in his diary "the smell is something awful. Some of the bodies have been lying in the sun for four weeks and are unrecognisable. It is only by identification discs that the

corpses are known. The bodies are horrible to look at, being black and swelled up, stretching out the clothing and, in many cases, when they are touched, they fall to pieces".

Eight months after the landings, the British decided to evacuate Gallipoli. It had been a disaster. Thousands had been killed for nothing. The Turks of course, rejoiced. In New Zealand ANZAC Day is a day of remembrance, but in Turkey it is a day of national celebration.

At the conclusion of World War One in 1918, New Zealand went into a frenzied state of monument building. Every town in New Zealand built a memorial to those who had served and died in the 'great war'. As New Zealanders we were keen to remember our fathers, sons, brothers and mates who had been killed. In many ways monument building and remembrance was our way of trying to make sense of what had happened. How could so many New Zealanders fight and die in a campaign that achieved nothing?

In the 1920s and 30s ANZAC day was a day of mourning, with mothers mourning the loss of sons, and returned servicemen mourning the loss of their mates. World War Two meant that ANZAC Day took on a greater significance and services continued to be well attended with many war monuments getting a makeover to include the names of those who had died in World War Two.

However, in the 1960s and 70s New Zealanders seem to lose interest in ANZAC Day. The day was still observed as a public holiday and dawn services were held, but often were poorly attended - young people were notably absent. Yet, in recent times there has been a significant resurgence in those actively commemorating ANZAC Day. On ANZAC Day this year, I was in Brisbane where 50,000 people turned up for the 5am Brisbane dawn service. In 1970 there were 400. Why have Gallipoli and ANZAC recently re-entered the national conscience? I believe it is because we have lost the personal connection. In 2003 the last New Zealander to have fought in World War One, Bright Williams died, and as of April 2015 there are estimated to be only 2,000 surviving World War Two veterans in the country. We don't have a living grandfather or a great uncle who fought in the war. We therefore, try to reconnect with them by participating in services such as this.

The ANZACs themselves, while keen to remember their mates, did not think a great deal about ANZAC day being a national day of remembrance, Alex Campbell, the last surviving Australian ANZAC said, "for goodness sake, don't

glorify Gallipoli - it was a terrible fiasco, a total failure and best forgotten". Another veteran Ted Matthews said on his 100th birthday, "the whole point of ANZAC Day has been lost. It's not for old diggers to remember, it's for survivors to warn young people against romanticising war."

ANZAC Day is therefore, not a day for honouring war, for war is not something to be honoured. War is something that is used as a last resort when diplomacy has failed and it is used by a nation to safeguard its sovereignty. We do however, on ANZAC Day, honour the people of New Zealand and Australia who have undertaken warfare to protect that sovereignty, no matter how distasteful it may have been to them personally and in spite of the risk of losing their lives.

This strikes at the heart of what ANZAC Day is truly about. While we should honour and remember the terrible sacrifices the ANZACs made, it is also a chance to promote peace and condemn war. Those who fought in World War One came back

to New Zealand filled with a hatred of war, their lives had been ruined by the experience. Many had left these shores full of patriotism and seeking adventure at a time where for 99% of New Zealanders overseas travel was not an option. They often returned broken men. They had seen first-hand the terrible effects of war and never again wanted to see New Zealand blindly stumble into another overseas conflict. The ANZACs spoke of peace on their return home and many were openly critical of the government's decision to introduce conscription in World War Two. If we are to truly honour and remember those that have served and died for our country, then we have a duty as a country, as a school and as an individual to promote peace and do everything in our power to stop war. The ANZAC Day ode 'we will remember them' is more than just a challenge to remember the fallen, it is a chance to honour those who lost their lives, by making sure it doesn't happen again. By doing this, we will truly be living the ANZAC spirit.

SERMON ON RELATIVE HAPPINESS *by Serena Lim-Strutt*

We live our lives in a pursuit of happiness. Some strive for wealth, fame, success. I'm willing to bet these are what most of you are striving for in your own lives. But why do we want these things? It's because we truly believe these things will help us reach our ultimate goal of happiness.

Now before I get into it I'm going to ask you a quick question:

Would you be happier winning the lottery, or becoming a paraplegic?

Got your answer? OK, well this was actually done as a study so let's have a look at the results.

The study showed that a year after losing the use of their legs and a year after winning the lotto, lottery winners and paraplegics are equally happy with their lives.

Some people act as if happiness is some big mysterious force that is difficult to figure out. But actually, happiness is one of the most studied areas of human endeavour in the history of the world. When you look at psychology and you look at philosophy, this has been a key focus for literally centuries. Yet, we still struggle to find it.

We all believe that we will be happier when we get better at something or get something new. We get so caught up in trying to be better off that we forget what we already have. We quickly lose interest in our last purchase or last achievement.

It's no secret that we always want more, and the majority of the time, what we want is more than the people around us. Sure, it's easy to say how much better off we are than the starving children in Africa, but what's not so easy is remembering that, when all we are surrounded by are people getting the latest iPhone or doing better than us in sport.

Let's put it in into perspective. Currently the female 400m

swimming world record stands at 3 minutes 54 seconds. Every day, so many swimmers train morning and night, clawing to scrape one or two milliseconds off that record. Yet, less than 100 years ago that record stood at 6 minutes 30! Imagine how happy the swimmer was to set that record! But, I'd be willing to bet, that there would be at least 50 people in this room who could meet that old world record right now. I'm not saying that we shouldn't be constantly training harder and harder to reach our own happiness through becoming the best. But what I am saying is that we are constantly comparing ourselves to the people around us. From what they look like, to what they own, their skills, experiences, opportunities and everything in between, rather than to who we were yesterday.

Now, this might sound weird, but I want you to imagine that you were made of stardust. How would you feel in comparison to everyone else? Superior? Excited? Happy? Now what if I told you that you are, in fact every single person in this room is made of stardust. Believe it or not, our bodies are made from the remnants of stars. Now how do you feel, knowing that every single other person in this room is also made of stardust? It's cool right? Well it was until you found out that you're not really that special because everyone else is made of stardust too.

The same works with money, it's all relative. We spend our lives comparing ourselves to others. Our own happiness revolves around comparison with others.

Now, I came across a talk by a man named Nat Ware and he explained it perfectly.

Let me ask you three questions.

Now, you don't need to say your answer out loud, but what I want you to do is decide what you think will make you the happiest.

Question number one:

You're competing in the Olympic Games, what would you prefer?

- a. To come second
- b. To come third
- c. To come second to last

Now, if we look at what the general population answered, coming second was the obvious choice. And fair enough, I mean it's the best placing of the three isn't it?

The second question is:

What would you prefer?

- a. To win the lottery and get 10 million dollars tomorrow
- b. To receive increasing payments for the rest of your life and get 8 million dollars in total

Unsurprisingly, the majority of people chose option A

And lastly, the third question is about your salary.

Now I know most of you won't be earning more than your pocket money at the moment, but imagine you were actually working.

- a. You make \$50,000 and everyone else makes \$50,000.
- b. You make \$50,000 and everyone else makes \$60,000.
- c. Or, you make \$40,000 and everyone else makes \$30,000.

Remember, when you answer this, think only about your own happiness.

Again, looking at the population it's roughly what you'd expect.

However, now comes the point where we look at what the study found actually makes us content, what actually makes us satisfied, what actually makes us happy.

Those who got bronze tended to be happier than those who got silver. But this slightly ludicrous answer may have some logic to it.

For starters, there's no shortage of silver medallists who appear unhappy.

But let's look at it this way, the silver medallist imagines coming first, the bronze medallist imagines coming fourth.

Now let's have a look at question two.

What made us the most happy was actually to have increasing payments over our lifetimes resulting in 2 million less overall.

But why?

Well, let's have a look at this graph, using a different example. Person A has their income decrease over their lifetime, while person B has their income increase over their lifetime. What's important is that these two people have the same average incomes over their lifetime. Now, research shows that you're always happier if you're person B. But why is this? It's because of something that psychologists refer to as anchoring. Our current happiness is relative to our past happiness, we

compare to our past and if you're constantly improving, constantly exceeding expectations, constantly moving forward you are generally happy.

So now we've looked at happiness relative to our imagination – how we imagined coming first or how we imagined coming fourth. And we've looked at happiness relative to our past.

Now lastly, we're going to look at our happiness based on what we have relative to what others have. The answer to question 3 was C. We're actually happiest when we have slightly more relative to others. Whether that's more money or better health it seems to make sense.

Now, this poses quite a big problem for us, doesn't it. We live in a world that is far from fair. It's inevitable that sometimes, despite putting in hours and hours more training than their opponent, some people will still walk away with the silver medal. Others are born with ridiculously high IQ's, or two rich parents. There's no getting around that fact that someone is always going to be better than you, faster, stronger, smarter, richer.

When I was five, the tooth fairy gave me \$2. The next day I went to school to find out that the tooth fairy had given my friend \$100. Of course, despite being overjoyed by the \$2 the day before, the \$2 was now the source of my unhappiness. Because despite the fact that we had both been happy with what we'd received, I'd decided to look at what I had relative to what she had and turn what was a win, win, into a win, lose.

These unhealthy beliefs come about because we compare ourselves to other people. We are programmed to see them as either above or below us. And this doesn't go down too well when we focus on the rich, the famous, and the beautiful. When we have role models like Kim Kardashian and David Beckham.

We want the world to be fair, we want to believe that we will get out what we put in, that there will always be a rainbow after the storm. But the reality is, that's not always true. If we continue to compare ourselves to others, sometimes we'll win, sometimes we'll lose. But what if we live our lives being happy for others, rather than secretly hating them for it.

There are times that we'll think it's not fair that someone else got an opportunity that we didn't. But if we think about it, we've all been on the other side too, the side where someone else doesn't believe you deserved that opportunity over them. But what's done is done and the one thing we do have the power over is our own choices. If all you have to do is be happy for others, what do you have to lose?

Imagine if you could live a life without envy. What is there to be gained from worrying about things that can't be changed. Studies have shown that happy people live longer and healthier lives, and not only that, but the lives are of better quality.

I think it's important to realise that one day we're all going to be facing our own mortality. And the things that are going to matter will not be what material items we owned, or what opportunities others got over us, but it will be the emotions

we experienced and the happiness we felt. There was a nurse who counselled those on their deathbed and she found that one of the greatest regrets is that they wished they had let themselves be happier. Many did not realise until the end that happiness is a choice. So, as long as you live a life of happiness, you will live a life of no regrets.

We know from our journey at this school that it's important to

have dreams, it's important to have ambitions, it's important to strive for excellence, but it is also important that at your core you have the resilience to be happy, despite whatever life throws at you.

I'd like to leave you with a quote from Buddha, "Happiness does not depend on what you have or who you are. It solely relies on what you think."

WILLIAMS HOUSE CHAPEL SERVICE

Sunday 29 May

INTRODUCTION BY: JACKSON MORGAN
 PRAYERS BY: FERGUS BURKE
 READINGS BY: FELIX ROLLS
 SERMON BY: SAM WILSON

Theme: Respect

As I sat to write this, I began with the end in mind. What was my goal? To give the sermon. After a bit of thought I concluded, that giving the sermon isn't necessarily about giving the people in this room all the right answers. But I believe, that my own personal job is to have each and everyone in this room asking the right questions, and that's what I've set out to do.

Let's kick this off with a quote from Lawrence Stone: "Respect for ourselves guides our morals; respect for others, guides our manners."

What is difficult to receive without first giving it? What in our society is often mistaken for fear, or rejection? What in this world, is the foundation of every significant human relationship.

I spent quite a fair bit thinking up any other possible answer to these questions, and I was disappointed to find I wasn't able to. Other than the obvious right? Am I right? Respect?

My trusty Wikipedia describes respect as "a feeling of admiration or deference for a person, child, animal, or entity (such as a nation or a religion)"

Respect can also be classed as a specific feeling of regard for the actual qualities of the one respected, such as their judgement, or conduct.

The following are a few ways to gain respect from others:

- Don't let emotions get the best of you; you must be willing to remain calm and collected regardless of the situation, don't react emotionally during an argument, stay calm while others around you are tense
- Show that you are a leader; possessing communications skills is vital, people naturally listen and follow who they respect
- Take pride in your appearance
- Be a problem solver; be there for those around you, let them know that you're there for them, to address the problem head on

One of the easiest and most important ways to show respect to those around you I believe, is to be thankful for what you have.

As a schooling community, we all lead privileged lives, and everyone in this room has something to be thankful for. We can be thankful for our friends, and for family; a high quality education; the food on the table; a roof over our heads; the basic things; and others can be thankful for the finer things in life, like wifi by the pool, or Runescape membership, and a room in Williams House.

But what does respect mean on an emotional basis? Respect can mean something as little as smiling at someone you walk past on the way to class, or something large. Such as dedicating an entire day to them, think of Anzac Day, Mothers Day, Queens Birthday.

Self-respect, on the other hand is not related to how people perceive you, to your achievements, talents, or to your public image, but instead it comes from within.

Here are a few ways to gain self-respect:

- Adhere to your values; what do you value the most? Find who you are as quickly as possible in life and don't change for anyone.
- Keep your promises; not only to others but also to yourself.
- Ask, but never beg; search for a job, tell him/her that you love them and don't be afraid to ask those around you for help, but if someone rejected you, ignored you, or never respected you initially, leave them be.

But as you ask about respect, the first thing that springs to mind is self-respect. Respecting oneself can for some, be very difficult, but for others, quite easy, maybe a little too easy.

In my relatively small experience, respecting yourself means defining and realising your own worth and value as a human being. Think about this: if you do not respect yourself, it will be more difficult for you to respect anyone else, and in turn for others to respect you. It all begins with self-respect.

And now, before I leave you, I'd like to leave you with a quote from Paul David Hewson, "To be one, to be united is a great thing. But to respect the right to be different is maybe even greater."

HARINGTON HOUSE CHAPEL SERVICE

Sunday 26 June

WELCOME BY: JADE HENLEY-SMITH
 PRAYERS BY: VICTORIA WARE
 READINGS BY: AMY KANG
 SERMON BY: ISABELLA MERRIMAN

Theme: Gender Equality

I want to tell you a story told by Jason Katz, an American activist and educator.

"I draw a line down the middle of a chalkboard, sketching a male symbol on one side and a female symbol on the other. Then I ask just the men: 'What steps do you guys take, on a daily basis, to prevent yourselves from being sexually assaulted?' At first there is a kind of awkward silence as the men try to figure out if they've been asked a trick question. The silence gives way to a smattering of nervous laughter. Occasionally, a young guy will raise his hand and say, 'I stay out of prison.' This is typically followed by another moment of laughter, before someone finally raises his hand and soberly states, 'Nothing. I don't think about it.'

Then I ask women the same question. 'What steps do you take on a daily basis to prevent yourselves from being sexually assaulted?' Women throughout the audience immediately start raising their hands. As the men sit in stunned silence, the women recount safety precautions they take as part of their daily routine. Here are some of their answers: 'Hold my keys as a potential weapon. Always travel with another person. Look in the back seat of the car before getting in. Carry a cell phone. Don't run by myself. Be careful not to drink too much. Don't leave my drink unattended. Make sure I see it being poured. Park in well-lit areas. Don't use parking garages. Don't get on elevators with only one man, or with a group of men. Watch what I wear. Don't use motorway rest areas. Use a home alarm system. Avoid forests or wooded areas, even in the daytime. Go out in groups. Make sure to have a car or cab fare. Don't make eye contact with men on the street.'"

While things in New Zealand are pretty good in terms of gender equality, generally women and men can both get the same jobs and the same pay. Both are treated equally in the eyes of the law and both get similar opportunities. Something that is not so great however, is the parity between men and women. Parity means that both men and women are equal in terms of status and treatment. Gender parity is a movement that is not trying to raise women above men, nor is it trying to lessen the opportunities that men have. Moving for gender parity is moving to increase the benefits of males and females alike.

One of the consequences from the lack of parity between men and women would be the sexual violence that happens every day around the world. Not only is the crime itself awful, the reaction of society can be just as bad. When a woman is raped, the stigma from society is that she must've been "asking for it." If she was drinking or wearing a tight outfit then it was

bound to happen and there is no sympathy for victims despite the fact that women are never intending to get themselves into bad situations. After all, women worldwide between the ages of 15-44 are more at risk of rape than they are of cancer, car accidents, war and malaria. Every woman that is a victim of sexual violence is definitely never "asking for it" and also cannot be held responsible for another person's actions.

The recent event published worldwide was when University student and swimmer, Brock Turner sexually assaulted a woman while she was unconscious and abandoned her behind a dumpster. Despite Brock Turner standing trial for sexual assault, all the media could talk about was his fantastic swimming times. Don't forget that his victim couldn't cope with menial day to day activities after waking up in the hospital with no recollection of her own assault. And things just kept getting worse. Turner refused to admit it was a crime that he had committed, although there were two witnesses. His father and mother even pleaded the court not to send him to jail because he didn't deserve to be punished for what they called his "20 minutes of action". Brock Turner has received a measly six months in prison for committing an unforgivable crime against a woman, and this sentence is still far more than many other sexual abusers have received.

Statistics say that one in five women in New Zealand will experience sexual assault in their lifetime. But it isn't just women is it? One in seven boys in New Zealand will be sexually abused before they even reach adulthood. These sickening statistics reveal the horrific truth, that almost everyone in this room will know someone who may become a victim of sexual violence.

To reiterate, gender parity is not just beneficial to women. Violence is violence; it does not discriminate between men and women. But the reaction of society towards violence of different genders is where things fall apart. When Brock Turner committed an unforgivable crime, why was the blame placed on the alcohol that the victim had drunk? Or what she was wearing? Or the fact that she made a decision to go to a party? Society has fallen into a trap where they place the blame and responsibility on the victim, not the perpetrator.

To help bridge the divide between the parity of men and women, we need to start educating men and women alike. The safety of women should never be the responsibility of only women, men cannot sit and remain silent as horrific things happen around them that they could help prevent.

When Brock Turner was committing his horrific crime, there was a ray of sunshine amidst the darkness. Two Swedish exchange students were cycling past when they noticed that the girl Brock was with, was unconscious. They scared Brock off, and tackled him to the ground, waiting with the girl until the police arrived.

One of the heroic men was crying his eyes out at what he had just witnessed. There is no telling what would have happened

if those men hadn't stopped Brock Turner in time. We can stand up and stop things like this happening. It doesn't just have to be women standing up for other women either. Why can't it be men and women standing together against issues that affect us both? We can all look out for each other, set good examples, stop bad behaviours and help others out of bad situations that they have no control over. We can all stop the stigma that it's the fault of the victim, and we can start

ignoring what they're wearing, drinking or doing and accept the fact that no one is ever "asking for it".

If anyone has any further questions about this issue, feel free to talk to Rev, the school counsellors or me and any of the other Year 13 girls.

Always remember to believe, encourage and support. No matter who it is.

CHAPLAIN'S COMMENT *by Reverend James Stephenson*



Over The Fence Ministry

A few years ago, I sat in on a meeting between security, senior management and the Headmaster of one of the top public schools in England. They were discussing ways of keeping the local 'yobs' out of their school so that their football nets didn't get ripped anymore. Higher fences, sharp fences, cameras, more patrols, were all among the solutions and then the Headmaster spoke: "Invite them for a game of football, set up regular training with those close to our school and ask if our students can come to visit them in their school". The football nets never got ripped again.

Years later, while building schools on the Zambian/Congo boarder, I encouraged my six year old, very blonde son to give his slightly worn school shoes to one of the black boys in his school who had never owned a pair of shoes. The look on my son's face during the interaction said it all and I realised I had made a grave error. Until that moment my son had presumed himself to be just the 'same' as his black friend. During the hand over, they had made a positive 'transaction' but their relationship

had taken a negative turn because differences between them had been highlighted.

Between the Headmaster and my son, I had been taught deep lessons about 'transactional' ministry - one that gives money or material goods - and 'transformational' ministry - one that grows the character of both the server and the served.

There is strong research that explains that those involved in helping others and, arguably, altruistic behaviour are happier people. There is more research showing that those involved in altruistic-type behaviour are more likely to develop strong grit, determination and self belief in their own lives - more resilience.

It seemed that the St Paul's students could benefit from this 'transformational' service and so could the surrounding community. St Paul's - a high decile school - is surrounded by low decile primary schools. The stage was set for 'transformational' ministry.

We went to local primary schools that are in walking distance from our school (i.e. Bankwood and Fairfield) and asked them how we could help them and form a strong and lasting relationship with them. Serena Lim-Strutt and her Prefect team then sold the idea to the school and asked for some volunteers. Within half an hour they had well over 300 volunteers, constituting over half the school. The students that now go over to the primary schools to play, play sport, read, do drama, engage in cultural activities, role model and form relationships are transformed. They love it and want to do more - they have

seen the light! The primary school children are also delighted and often inspired. Our 'transactional' ministry now has more relevance and a positive experience attached to it - we have funds to help the primary schools in ways such as, providing resources, helping feed those children that rarely have breakfast or a lunch at school, and financing functions, such as bringing all the parents together for a meal. We have formed strong relationships with those close to us, but less privileged. A symbiotic or win/win relationship. We are presently organising the Year 11 voluntary service scheme which sees Year 11 students volunteer for 'transformational' service at one of the charity organisations around Hamilton for a few days. The future will see the launch of an overseas 'transformational' ministry trip to Cambodia. So in effect, there are three levels to our transformational/service programme.

We have initiated meaningful 'transformational' ministry and all those involved are happier for it. Relationships between school and within the community have improved greatly. Barriers have been broken down. The youth are being built up because they are building themselves up. They have been given responsibility and autonomy and they are growing in character and self assurance because of it. As a school, we are acutely aware that this is not altruism - we are gaining far more than all those we are 'serving'. We have discovered a ray of light within ourselves and everybody seems to be benefiting. If it feels so great to help others then maybe human nature is not quite so selfish after all.

With Love, Rev, James Stephenson.

CHARACTER

SPECIAL CHARACTER



TIHOI DIRECTOR RETURNS FROM SABBATICAL

I feel very fortunate to have recently returned from an invigorating and refreshing sabbatical trip to explore schools in South Africa, Swaziland and Australia, with outdoor education facilities; some with similarities to the Tihoi Venture School and some with little in common, but with much to share and learn from.

Kamoka Bush School is the outdoor centre of St Stithians in Johannesburg, South Africa. Kamoka predominately runs 21-day long courses for students of St Stithians, but the bush school is also used by Pretoria Boys High.

With 50 Year 10 boys from Pretoria Boys High, I boarded the bus to Kamoka. The boys were excited and anxious as they departed on the bus for their 21-day compulsory bush school experience. Over the following three weeks, I followed the boys' journey at Kamoka – regular runs, healthy diet, hiking adventures on the game farm, solos, reflective writing, nature hikes, sustainability, dollar a day living, community service and cooking on open fires.

The consistent day time winter temperatures of 25 degrees plus, made for pleasant outdoor adventures and swimming in some of the many dams. The beautiful African sunrises and sunsets as a backdrop for game viewing of zebra, wilderbeest, giraffe and impala was incredible and I embraced every day in awe of the beauty and my fortunate adventure.

The programme aimed to challenge, engage and educate the boys on everything African. During the 21-day course I witnessed the emotional and physical journey of boys being away from home; the regular exercise and daily routine

challenged the boys, as it does at Tihoi. The boys lived in very basic bunkrooms, with all food cooked in a basic kitchen. Self-responsibility to wash their own clothes, clean the bunkrooms and ablutions, as well as a significant involvement in the cooking, were all valuable and similar experiences to that of a Tihoi boy.

After three weeks at Kamoka, I travelled on safari, before visiting Waterford United College in Swaziland and then Christ Church Grammar School in Perth. At Waterford College, I focused on the community service projects they are involved in and this gave me new direction with the service boys complete at Tihoi and connections Tihoi can make with the 'Over the Fence Ministry' in Hamilton.

The opportunity to work alongside the full programme gave me many new ideas for Tihoi and was very affirming of the journey our boys undertake. New ideas include a range of team building activities, building a fire circle for group cooking on site, sustainability in our living at Tihoi, community service initiatives and some practical building ideas.

Travelling alone and having time to be away from what you work, live and breathe gives opportunity to reflect on what is important; what to keep, modify and discard in one's life. Seven weeks travelling largely solo was very inspiring and affirming for me. I feel enormously fortunate to work at Tihoi, with our considerable facilities, qualified staff and the huge range of pursuits offered to our students in an incredible part of NZ. The timing of such an adventure was ideal as I embark on a new phase at Tihoi, as the sole Director in intake two 2016.





TIHOI INTAKE 2016/1 – MAJOR PRIZE GRADUATION WINNERS

Mortimer Trophy for Most Outstanding Student:

Clay Richardson

Most Outstanding Student Nominations:

Fritz Jooste, Jack Morton, Clay Richardson

Harington Cup for Most Improved Student:

Steven Wen

Most Improved Student Nominations:

Jack Bowick, Baljit Singh, Hawaiki Te Ruki, Steven Wen

Director's Awards:

George Elstob, Elliot Leighton, Miah McDonald

Coulter Cup for upholding the values of the virtues project:

Clay Richardson

Shaw Trophy for Bush Craft:

Fritz Jooste

Furminger Award:

Leo Ding

(Student who has shown respect to staff and other students)

Community Service and Environment Award:

Lewis Candy

Cross Country Running Trophy: (Shared)

Clay Richardson/Jack Collins

Expedition Awards (for all round excellence on expedition):

Sea Kayak: Miah McDonald and Campbell Smith

Mountain Bike: Lewis Candy and Lachlan Cowley

Tramp: Fritz Jooste

Rock Climbing: Kelvin Noe

Cave: Jack Collins

Most Valued House Members (Peer Voted):

Jocks

Miah McDonald

Pollys

Steven Wen

Mortz

Lachie Cowley

Villa

Campbell Smith

Gills

Fritz Jooste

Franks

Charlie Downey

Academic Excellence:

Leo Ding

Math, English, Science

Jack Morton

Math, English, Social Studies

Chris Penno

English and Social Studies

Jack Bowick

Science

George Elstob

Math

Tihoi Master Chef Award:

Steven Wen

Chef's Awards:

Lachie Cowley, Charlie Downey, Oliver Hickman, Elliot Leighton, Jack Morton, Max Roach, Steven Wen

Luder Trophy (House with most points in Inter-House Competition):

Pollys

Kingham Cup (House gaining the most points in House sport):

Pollys

(Clay Richardson, Freddie Ellis, Hawaiki Te Ruki, Leo Ding, Ronan Fuller, Ryan Young, Sam Metcalfe, Steven Wen)



A JOINT ASSEMBLY PRESENTATION

by Head Students, Teri Wathen-Smith and Tom Yarrall

Kiaora St Paul's Whanau,

If you didn't know, we were a part of the first ever Hinemoana Voyages which involved sailing a waka for just under a week with other teenagers from all over the North Island.

Apart from the fact that we were going to be sailing a waka for six days, we had no idea what to expect about this trip. And to add to our nerves, we were put on separate trips. Teri was sent on the first voyage and Tom was left at school, praying that her experience was a positive one.

Being the only pakehas on each of our voyages meant that initially we were definitely out of our comfort zones. But it didn't take long for us to be fully immersed in our surroundings and really get on and enjoy this unique cultural experience.

A typical day on the waka consisted of a korero in the morning, followed by a big cooked breakfast. You would then set course for another island or bay where you would spend the afternoon swimming, snorkelling and fishing. Once everyone had burned off some energy, you would travel to a sheltered bay where you would spend the night. A hearty dinner would then be cooked and eaten before we listened to stories about our ancestors and how they discovered Aotearoa. At 9:00pm the night watches began. The night watches consisted of three night shifts, each for three hours, ranging from 9-12, 12-3 and 3-6. There would be four to six students on each watch at any time. We were put on these watches to make sure the waka wasn't drifting into any danger at night, but the majority of these times were used getting to know each other, playing cards, learning about the stars and how to navigate with them.

What an incredible opportunity for Tom and I. Being the only Pakeha aboard a beautiful waka on its first ever leadership voyage. Off I went bravely, knowing that I had never sailed. However, I am reasonably sea worthy and always relish a good challenge. Well, challenged I was, it was sink or swim.

The waka was an incredible experience and taught me many things about myself. I learnt I could make friends in a hurry, I learnt if you didn't want to eat sandwiches for dinner you had to head to the galley and whip up a proper meal for 17. I learnt I loved being on night watch and how fascinating Maori history and astrology is. I even learnt that toilet doors are not a necessity.

Most of all, I learnt that I am stronger than I think, more independent than I realised and have a passion for learning that is beyond my control. For me, being on the Hinemoana has triggered a new direction for me, feeling stronger and more determined to find exciting journeys to take.

As an average New Zealander, so much of what I know of our Maori culture is shaped by the media or what we have learnt in school and my limited street cred. But here I was living it, hearing the stories, practising the traditions, and appreciating the people who are working hard to preserve them.

It's a challenge I loved and would recommend to everyone.

When I was first offered the trip on the Waka Hinemoana, I had no idea what to expect. All I knew was that I was going to be sailing around the East Coast for a week with people I didn't know. Because I was going in the second intake, I was eager to pick Teri's brain when she returned from her trip - which happened two weeks earlier.

To my delight, she loved it. This settled my nerves somewhat, but I knew that I would be put out of comfort zone at various times throughout the week.

Arriving at the Tauranga marina on the morning of my departure, I was definitely nervous, but ready to embrace the challenge and make the most of the experience that I had been given. Meeting the crew and the other students who were going to be sharing this experience with me was reassuring as they all seemed like awesome people.

The forecast for the five days was incredible – and at times a bit too incredible. I'd never seen the ocean so flat and for so long. And while the sun and clear blue skies were hugely appreciated, the lack of wind became a problem as we were sailing a waka. In saying this, the lack of wind did not stop us from getting to some incredible parts of the country. During my voyage we spent nights at Slipper Island, the Alderman Islands and Mayor Island.

Apart from sailing the waka to new destinations we spent our spare time during the day swimming and snorkelling. We were lucky enough to see pilot whales, dolphins, various fish and amazing birdlife. We also learnt about the geology and history of the islands we were visiting.

It didn't take long for everyone on board to chum up and really enjoy each others company. While there was definitely a Maori/Pacific Island theme to the trip, I quickly adapted and found it fascinating to learn about how their ancestors travelled from place to place. I challenged myself to join in with all aspects of the trip which involved a variety of Maori games. Speaking very little Maori made these games rather challenging for me. However, I provided good entertainment for the rest of the waka as they watched me give it the best shot I could.

The trip provided me with many challenges but in particular having to eat raw paua and kina, fresh from the ocean, was something I'll never forget. It was a delicacy! But I don't think I will be talking to Mr Constable about getting it added to the school menu just yet.

I can honestly say that this trip was one that I'll never forget. I went in with nervous anticipation, but came out with a new perspective on how life should be lived. I found it quite moving how a group of people from a very diverse range of backgrounds, over one week of cooking, sleeping, working and living together, we were able to break down social barriers and



realise that when it really came down to it, we were all very similar.

Our initial fears never amounted to anything and we can truly say that we absolutely enjoyed our experience on the waka and would do it again in a heartbeat.

This is only the first year the Hinemoana voyages have been running. So we both highly recommend looking into being able to participate in one yourself. No matter what ethnicity you are, your interests or your skill levels, the waka life will be an awesome experience to every single one of you. If you have any questions or would like further information, feel free to contact either one of us and we will be happy to try and help

you with any queries you may have.

We'd like to thank Matua Pat, Whaea Gina, Dillon, Matua Phil, Aro, James and Kaipara for keeping us safe and teaching us so much valuable information about the waka life and our countries history. And Simon MacDonald for giving us this amazing opportunity that we will treasure for the rest of our lives.

Lastly we would like to thank our waka brothers and sisters, who welcomed us with open arms into their culture, and allowed us to fully participate and make the most of the waka experience.

Kiaora.



SERENA LIM-STRUTT WINS A PRESTIGIOUS NEW ZEALAND YOUTH OF THE YEAR AWARD FOR 'GIVING BACK'

Information used to nominate Serena

Serena has identified that the service programme at our school has been 'transactional' and not 'transformational'. In the past we have raised money, but we have not had any meaningful relationship with those we have tried to help and this has meant there has been no impact on our own psychology. Serena has identified that our private school is situated in a poor area with low decile schools close to our own school. She has realised that we have roughly 700 students that are experts in education. So, Serena went to meet the head teachers of the local low decile primary schools and asked them how her school could help. Serena was acutely aware that we must not impose on other schools, but only serve them in whatever way they wanted. Serena aims to set up long and lasting relationships between the students of her school and local primary schools. Serena is not a Christian, but she has chosen to call this type of transformational service - 'Over the fence Ministry'. It is a mutually beneficial relationship that builds up both the students that are being served and those that they are serving.

Once Serena had collected the required information from the local head teachers she made a short video about the project and 'launched' the idea to her own secondary school. She asked for volunteers - a brave step in a school that is so busy that keeping your head above water is a challenge in itself. Serena had 300 volunteers within one hour with no persuasion from teachers or management. The volunteers were told that would need to give up their own time and some of their own lunch breaks to help this project. There was no obvious reward for giving up their time, but Serena persuaded them that their service would benefit others and help their own happiness. The response was so overwhelming that Serena suddenly had a huge logistical project on her hands. Serena and her team of students will still raise money during the year and some of this money will be used to fund her 'Over the fence ministry' so that the local primary schools can be resourced and served.

SASHA PATIL REPRESENTS CENTRAL REGION AT ST JOHN AMBULANCE NATIONALS



During Term 1, Sasha Patil was selected to represent the Central Region (i.e. from the Bombay Hills down to Wellington) at the St John Ambulance Nationals Youth Competitions. Sasha has been attending fortnightly St John nationals training weekends in preparation for the National Youth Festival. This is the second time she has competed at nationals and Sasha was selected to be one of the four team leaders for the Central Region, to lead a group of six people. This festival took place over ANZAC weekend from Saturday through to Tuesday. Sasha proudly achieved the following results:

- CHAMPION Team Leader for NZ
- 1st in First Aid Team Test – Medical (there were two first aid tests)
- 2nd in overall First Aid (sum of the two first aid team tests undertaken)
- 2nd in Drill (marching, etc)

Sasha was recently presented with her St John Grand Prior Award and framed parchment by Sir Anand (in place of Sir Jerry, current Governor General), at Government House. All those involved with St John Youth Ambulance Service work towards receipt of this award and in order to achieve this, a cadet must complete 12 badges in all different areas (e.g. first aid, fire safety, communication, etc) and have completed at least 100 hours of community service. This long journey typically takes around five years to complete, but in Sasha's case, she achieved the award in only two years, which is a remarkable achievement. We congratulate her.

SIR PETER BLAKE YOUTH ENVIRO LEADERS FORUM

Over the April holiday break, Michael Turnbull (Year 12) attended the 2016 Sir Peter Blake Youth Enviro Leaders Forum (YELF). This was a five-day leadership and environmental education development course, at which 57 delegates from around New Zealand and the Pacific came together to discuss the current ecological challenges facing New Zealand and address the future problems New Zealand and the world will face environmentally. These delegates all brought with them, a huge range of talents and an in-depth knowledge about the ecological problems facing their specific regions.

Michael's group visited the Brook Waimarama Sanctuary and helped to transport traps into the bush to help lower the pest populations of the sanctuary. The sanctuary is a 715 hectare area, which is to be surrounded by a, currently under construction, 14km long pest-proof fence. This will recreate a historic view of what New Zealand was like before pests and humans were introduced.

During a visit to the Whakatu Marae, delegates had the opportunity to question Vicky Robertson, the Chief Executive

for the Ministry for the Environment, and learn about the various programmes that the Ministry runs to improve the environment of New Zealand.

A visit to the picturesque Abel Tasman Park saw delegates learn about the community initiatives behind the running of it and also the various forms of pest eradication used in order to restore the island to its natural beauty. At the Cawthron Institute, delegates had a glimpse into the highly scientific nature of studying climate change. The final day of the Forum saw delegates delivering a speech in front of Nick Smith, the Minister for the Environment.

Although the week was action packed and very busy, Michael thoroughly enjoyed himself and the chance to meet like-minded individuals and in his words, the forum has 'left a lasting impression on him'. Michael would recommend YELF to anybody who has a strong environmental conscience, wishes to build leadership skills or anyone who wants to have an absolutely amazing and eye-opening experience.



BOARDERS' CHARITY RELAY TOP PERFORMERS

On the second weekend of term 2, our boarding community took part in the annual Boarders Relay to help raise funds for our 'Over the fence Ministry' projects both in New Zealand and overseas. Our boarders got right in behind the event and we were very impressed by the efforts of:

Jack Wharton	Clark	Year 10	80 laps / 40km
Charlie Saxton	Clark	Year 11	85 laps / 42.5km
Jack Caldwell	Williams	Year 9	86 laps / 43km
Julian Harker	Williams	Year 9	88 laps / 44km
Jade Henley-Smith	Fitchett	Year 13	88 laps / 44km
Marcus Rogers	Williams	Year 9	89 laps / 44.5km
Carne Lincoln	Clark	Year 12	95 laps / 47.5km
Blake Walker	Sargood	Year 10	100 laps / 50km
Harry Forte	Clark	Year 12	101 laps / 50.5km
Proud Srisa-An	Harington	Year 12	103 laps / 51.5km
Patchara Jirapanayut	Clark	Year 12	106 laps / 53km
Gus Hanham	Sargood	Year 10	107 laps / 53.5km
Talia Namana	Harington	Year 13	111 laps / 55.5km
Sarah Jackson	Harington	Year 11	114 laps / 57km
Madison Tims	Harington	Year 12	116 laps / 58km
Connor Davis	Sargood	Year 10	130 laps / 65km
Felicity Whale	Harington	Year 13	146 laps / 73km
Oliver Rasmussen	Sargood	Year 10	170 laps / 85km – two marathons

Overall we raised \$5,400 from the event, with very notable efforts from (in no particular order):

Max Campbell	Caleb Weck	Harry Forte
Charlie Saxton	Harrison Cullen	Gus Hanham
Matthew Winefield	Benjamin McColgan	Jack Deane
Leigh Punivalu	Oliver Purcell	Jack Walters
Jacob Hobbs	Isabella Bayley	Kacey Diggelmann
Alice Emeny	Maggie Powell	Emma Smith
Proud Srisa-An	Jessica Tod	Felicity Whale



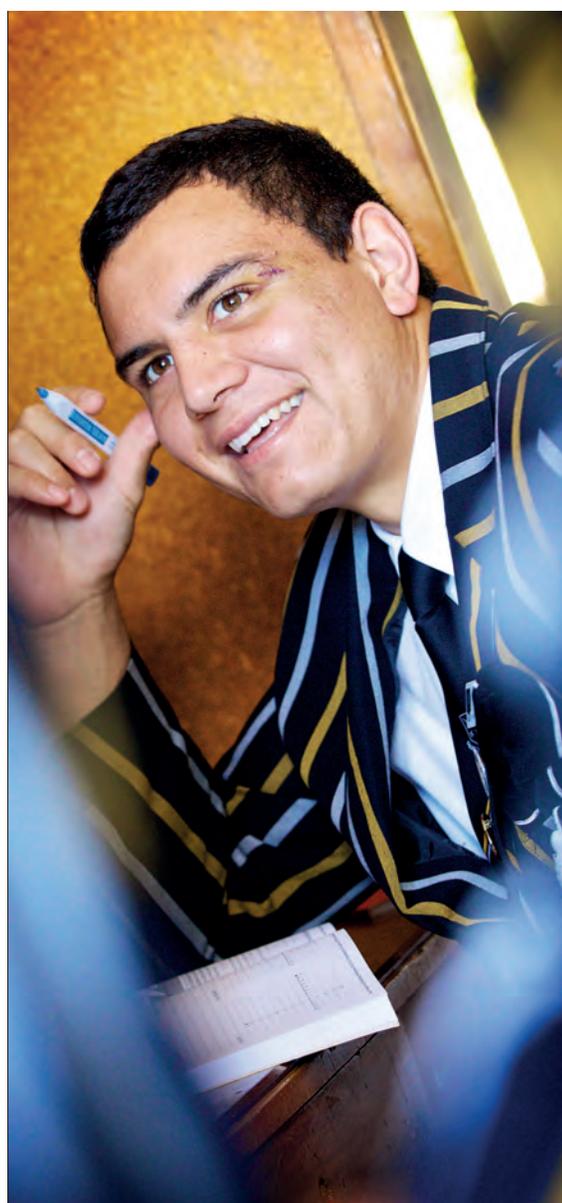
AOTEAROA YOUTH DECLARATION 2016

Elliot Leighton was selected as one of 200 secondary school students from around the country to participate in the Aotearoa Youth Declaration 2016 held in the April holidays. The Youth Declaration is the biggest youth document in New Zealand and gives youth an input into what they want to see happen in our country. The declaration conference is held over five days at the Auckland University. The document then gets sent to members of the NZ parliament, regional councils and others. Elliot sent the document to relevant people in our region.

Elliot was part of the environmental committee, who tackle environmental issues that face NZ.

This year the Youth Declaration discussed, wrote and voted on separate articles such as carbon emissions, divesting in fossil fuels and educational issues. This voting was done in plenary sessions that involved a democratic vote on all the articles of the Declaration.

Elliot had a great time and found the experience interesting. It showed him what the youth of NZ can potentially do for our country.



OPEN DAYS

Sat 3 September (2pm)

TIHOI OPEN DAYS

Sun 11 September

INFO EVENINGS

Taupo - Wed 27 July, 6pm

*BNZ Partners Business Centre
61 Tongariro Street, Taupo*

Rotorua - Thurs 28 July, 6pm

*BNZ Partners Business Centre
1202 Amohau Street, Rotorua*

Tauranga - Wed 3 August, 6pm

*BNZ Partners Business Centre
Level 1, 639 Cameron Road, Tauranga*

Gisborne - Fri 14 October, 6pm

*The Vines Restaurant, Bushmere Estate
166 Main Road, SH2, RD1, Matawhero, Gisborne*

For more information or to register your attendance
visit www.stpauls.school.nz



ENROLMENTS FOR 2017

We have had very strong interest for 2017 enrolments, with over 80% of the Year 9 placements for next year having been offered following interviews and over 88% of Year 9 boys boarding and Year 11 girls boarding already having been allocated. Therefore, it is crucial that current St Paul's Collegiate School families who have brothers and sisters that would like to attend the school next year (or even cousins), make enrolment interview appointments with the Headmaster as early in Term 3 as possible. Enrolment interviews in Term 1 and 2 were well above the norm and as we will not be accepting any more than 110 Year 9 students, it is crucial that current parents both complete enrolment forms (now available online through the School website – www.stpauls.school.nz) and make an interview time to ensure their sons/daughters are not disappointed. Interviews can be scheduled by contacting Mrs Donna Shalloe – 07 957 8889.

PARENTS' ASSOCIATION UPDATE

Laroma coffee now on sale at the coffee and food cart

The Parents' Association's Coffee and Food Cart will be operating at as many sports games as possible held at the school. A new coffee machine has been installed which now offers a more superior coffee. We do require more parents to help sell food and coffee on these occasions so volunteers are greatly appreciated and can email sanet@junoviewer.com to schedule a suitable time to be rostered on.

All profits from the Coffee and Food Cart are given back to the school and distributed through the Parents' Association.



SUNDAY PROGRAMME

Over the past 18 weeks, the Sunday programme have been shooting a documentary capturing the journey 14-year-old boys embark on when they attend St Paul's Tihoi Venture School. The camera crew have spent hours on site filming from the moment the boys arrive at Tihoi until the moment they graduate. The documentary will screen on Sunday 24 July at 7pm on TV One.



